



Our Contact



9464312136 0172-5009781, 2549477



Email: rkmchdevents@gmail.com



site: chandigarh.rkmm.org/vivek-vichar-manch



Sector 15-B, Madhya Marg, near Lala Lajpat Bhawan, Chandigarh 160015

Scan here to join



Youth Forum

RKM CHD Whatsapp Group

Evaluation & Recognition

This isn't just a certificate course—it's a journey of self-discovery, leadership, and expression. Every participant will be encouraged to engage deeply and grow meaningfully through:

"Grow, Glow, and Get Recognized — Awards for Outstanding Personal Development!"

1st Prize -	₹ 5000/- + Other prizes
2nd Prize -	₹ 3000/- + Other prizes
3rd Prize -	₹ 2000/- + Other prizes
Consolations -	₹ 1000/- + Other prizes

- **Active Participation:** Voice of youth matters. Contributions during group discussions, speeches, and written reflections will be thoughtfully recognized.
- **Personal Growth Tasks:** Each session includes a practical challenge like "Practice Positive Thinking" or "Live True Education" to be applied in real life and shared in writing. This also encourages participants towards journaling their thoughts.
- **Celebrating Excellence:** Participants will be given a chance to participate in the National Youth - day which is celebrated in the mission and will be honored for their insight, sincerity, and impact during a special felicitation ceremony on National Youth Day - 12 January 2026.



Ramakrishna Mission Ashrama
Sector 15-B, Madhya Marg, Chandigarh



VIVEK VICHAR MANCH

Certificate Course

9th November - 28th December 2025

Two Sessions Per Month

on Sundays from 10 am - 12 noon

**Personality Development
Program for Youth**



Let the ideas of the youth shine, their actions speak, and their journey inspire others.

Program Objectives

- To channelize the immense energy following in today's youth towards positive direction which can create greater Social Impact
- To inspire youth through the teachings of Swami Vivekananda and other eminent thinkers.
- To cultivate character, clarity, and purpose through structured reflection and discussion.
- To provide a platform for youth leadership, expression, and practical application of values.

Programs Structure

- Two Sessions per month on Sundays
- from 10 am to 12 noon

Segment	Duration	Description
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Ved Path & Meditation	10 min	Veda Mantra chanting and guided meditation to center participants
Topic Introduction	20 min	Selected from Education for Character
Moderated Group Discussion & Student Speeches	45 min	Interactive dialogue and youth-led speeches. Coordinators will be identified from this segment.

Segment	Duration	Description
Mentors from various walks of life	20 min	A faculty member shares practical applications of the day's theme using slides/photos.
Inspirational Video	10 min	Short videos on eminent personalities
Ques & Ans	15 min	Open forum for questions and reflections.
Snacks	Informal	Networking and connect with fellows and mentors

Topics for Sessions

- ✓ Cultivation of Self-confidence and strength of mind (9 November)
- ✓ Developing Strength of Character and fearlessness (23 November)
- ✓ Positive thinking and Power of Concentration (14 December)
- ✓ True Education and needs of our country (28 December)



Registration Details & Process

- Eligibility: Youth aged 16 to 25 years
- Enrollment Fee: ₹50 (covers the session kit)

How to Register:

1. Download the Registration Form available in our website or from the Ashrama Office.
2. Interested participants must:
 - Fill in their basic details (name, age, contact, institution, etc.)
 - Respond briefly to a set of youth-oriented reflective questions.
3. Submit it directly to Ashrama Office between 10 am to 6 pm or -
4. Submit online with all the details through rkmchdevents@gmail.com.
5. Collect Vichar Manch Kit from the office.

Scan Here to Register

